## February 2019



**Regency Acres Public** School

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From the Office of Ms. Leoni

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<u>Dear Regency Families,</u> On January 15<sup>th</sup>, we had the pleasure of hosting local musician, Glenn Marais. He worked with our Grades 5-8 students, focusing on Residential Schools, Truth and Reconciliation, and Culture. The students' time with Glenn included a visual, musical, and oral presentation which supported hands-on brainstorming activities to support a letter writing activity. The students completed their letter writing activity (grades 6-8) or a poster (grade 5). Each of these items was mailed to students in northern Indigenous schools. Glenn has connections with a number of northern schools and has created a pathway for us to connect with them. It was a great learning opportunity for our students. On February 27 our school will be hosting BRAIN POWER AT REGENCY - a full day STEAM conference (Science, Technology, Engineering, Art & Math) for all Gr. 4-8 students! Thank you to Mrs. Claus for leading the programming for the day and for organizing this event. Students will be participating in 3 different 1 hour sessions of their choice. We have teachers and external presenters that will be facilitating exciting workshops. If you are interested in facilitating a

Kindergarten registration began January 18. We encourage any families with children starting Kindergarten September 2019 to please register. Feel free to visit our school office between 8:00am-4:00pm to register. Please pass along this message if you are aware of any friends, family or neighbours who have children starting school September 2019.

session or have any contacts/ideas, please share them with Mrs. Claus at

Please note that Term One report cards go home on Friday, February 15. If there are any questions, please contact your child's homeroom teacher.

A reminder that Friday, February 1<sup>st</sup> is a PA Day for students. Monday, February 18<sup>th</sup> is Family Day and the school will be closed. Wishing you all special time with your family.

Lisa Leoni Principal

### Parfait Day - FREE



We are excited about our upcoming FREE Parfait Day - Thursday Feb. 14<sup>th</sup>. Every student and staff will be building their Parfait (yogurt, fruit toppings and nut-free granola).

Please note that this will be a healthy snack - it will not replace lunch so please pack a lunch for your child on this day.



REGENCY ACRES P.S.

### BOKS

BOKS is a free before school fitness program, who's mission is to empower school communities, like Regency, to improve their children mentally, physically and socially by strengthening their minds and bodies through movement. BOKS was held at Regency, on Tuesday and Thursday mornings (12 weeks in total), at 7:30 am and over 30 students from grades 3 to 8 met with Ms. **PR** Thomas and Mrs. Moffitt each week, for a morning of

planks, cardio, fitness, games, relays, etc.

Ms. Thomas and Mrs. Moffitt volunteer their time each week because they believe that sport and fitness have the power to change lives! Indeed, that is the case! Students felt good about themselves, made lasting friendships and were set to meet the day ahead with a more focused outlook on life! Studies continue to show that kids who exercise see significant boosts in intelligence-test scores and core subjects at school, compared to their inactive peers.

Our BOKS program will end February 7th, and it is hoped that next year, we could have a Parent or community member join our trainers and continue this program into the spring.

### OUR SCHOOL TIMES

School Hours: 8:25 a.m. - 2:55 p.m. Organization of the School Day 8:10 .....Outside Supervision starts

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8:20.....Entry Bell 8:25.....Classes begin 8:25 - 10:05.....Instructional Time

10:05 - 10:35.....Recess

10:35 - 12:15....Instructional Time

12:15 - 1:15.....Lunch

1:15 - 2:55.....Instructional Time

2:55.....Dismissal



Our office hours are as follows:

We are open from: 8:00—4:00 p.m.

The voicemail is on before and after these hours for messages.

### KISS N' RIDE

Parents, for the safety of our students please do NOT come out of your car to help your kids. Please allow the teacher on duty to take your child out of the car and our Safety Patrollers to help with the safety of all our students.

Kiss N' Ride start's between 8:10 and 8:15 and ends at 8:25 a.m.



Winter Walk Day 2019 in February. Get outside and active on your school journey. loin the movement!

### February 6th, 2019 is Winter Walk Day!

## **FEBRUARY 2019 -ACTIVE SCHOOL** RAVEL NEWSLET

We have some tips for how to get outside and still have fun in the cold, including while you're walking or wheeling to school or the bus stop.

Being dressed for the weather is the first step to enjoying the outdoors. Here are a few suggestions on how to stay warm:

Wear a base layer

Wear an insulating layer (wool socks, shirt and pants but not jeans or cotton)

Wear an outer shell (windproof jacket with a hood and snow pants with elastic or velcro fastening at the cuff) Wear insulated waterproof snow boots

Have a hat that covers the ears (and a spare!)

Add a neck warmer

Finish with waterproof mittens

Keep moving!

Eat high-fat snacks to keep your body going. Drink water! Even though it's cold, the air is dry and your body can become dehydrated.

Winter Walk Day is celebrated by schools across Canada on the first Wednesday of February each year. Walking and wheeling to and from school is fun every day, so we encourage you to journey outside throughout the entire month of February!



Winter Walk Day – February 6, 2019



we are using to supplement our cart with unique fresh produce! This week we are highlighting Asian Pears! A Big Thank You to our parents who volunteer in putting together our daily snack containers. We are also accepting any donations of fresh fruit for the snack cart.

### School Council

The days are getting longer!!! Welcome to February. School Council is kicking off the month with our second ski day being held on the P. A. Day on Friday February 1<sup>st</sup>. Please consider joining some of the parents from school council and who have gotten such a great deal for a day of skiing at Mount St. Louis Moonstone. We have just heard that again this school year we have received the PRO (Parents Reaching Out) Grant. It is our intent to bring Chris Vollum in this spring to do a day of working with the students around social media literacy, and then to provide a session in the evening for parents. We will be sure to send out the details closer to the event so keep an eye on your email.

School Council was pleased to welcome our new school Trustee, Bob McRoberts to our meeting in January. Mr. McRoberts has extensive background as he worked as an educator for over 30 years, over 20 of those at Dr. G.W. Williams. It was a pleasure to meet him and for him to take the time to come out to our meeting, which was the first one he had attended since being inaugurated in early December. He is quite open to meeting with parents and will be coming for a planned tour of the school this month. If you would like to reach him, his email address is <u>Bob.McRoberts@yrdsb.ca</u>

Our next School Council meeting is planned for Wednesday, February 13 at 7 p.m. in the school library. Please feel free to come out and hear more about what is going on at Regency. If you have any questions or concerns that you would like answered, this is an excellent forum. If you are not able to attend the meeting, feel free to email us at <u>Regency.Acres.PS@sc.yrdsb.ca</u>

Kathy Duncan and Kim Davies, CO-chairs

#### HOT LUNCH

We find ourselves almost half way through the school year and it also means the first session of this year's Hot Lunch Program is quickly coming to an end. Session One will officially end on Wednesday, February 13<sup>th</sup> and Session Two will begin promptly the following week on Wednesday, February 20th. Order forms were sent home to all students early in the week of January 12<sup>th</sup> and the <u>deadline</u> to return your completed order forms and payment was <u>Thursday, January 24, 2019</u>.

Thank you for your continued support of this volunteer-led school fundraising program and the Hot Lunch 'Crew' looks forward to continuing to give our Regency Parents a well-deserved break from lunch-making responsibilities.

### FAMILY SKI NIGHTS

Our Family Ski amazing turn o A huge THANK Wonch for org

Our Family Ski days/nights were January 18 and February 1. There was an amazing turn out to enjoy perfect skiing days. A huge THANK YOU to Regency's parent volunteers Rodney Mooy and Brendt Wonch for organizing this event.

### SKATING RINK

# Please note that the Skating Rink is OFF LIMITS at all times during the school day (unless there is a supervised Phys. Ed. Gym class).

### FROM THE LIBRARY

Students generally visit the library once each week to sign out books. Please assure your child returns their books on their assigned day each week so they can return or renew their books. Children are often disappointed when their classmates get to sign out a book, but they cannot. Lost or damaged books will need to be paid for so that replacement books can be purchased. Reminder notes are sent home when books are forgotten, with the cost of overdue books. Once the fine is paid, your child may sign out books again.



Love will have our (February 6-11!) The book fair will be open from 8:30 a.m. - 3:30 p.m. each day. Classes will have a scheduled time to come view the book fair and purchase books and other items!



Thank you to those families who supported our Library fundraising initiatives through Chapters/Indigo. With your support, we raised about \$216.

Many books have already been purchased to support student and staff requests. More will be purchased in the coming weeks! Our BrainPower!@Regency Student Conference for grades 4-8 is quickly approaching. As soon as the presenters are firmed up, students will register for the activities they would like to participate in.









